



---

# Patient Education Tracheostomy Care Set LF01159U Instruction Manual

---



**Life/form**® Products by Nasco



## About the Manikins

The **Life/form**® Patient Education Tracheostomy Care Set is ideal for teaching patients and caregivers the skills they will need to perform at home. The adult manikin includes oral and nasal passages, the pharynx, epiglottis, trachea, esophagus, tracheostomy site, and cricoid cartilage. The mouth and jaw are flexible to allow oral suctioning. The trachea branches into the left and right bronchial trees. Students can practice suctioning techniques, proper cuff inflation, dressing changes and other techniques. Cleansing and maintenance of the external tracheal site can be performed just as on an actual patient. The infant manikin can be used to teach patients and caregivers basic tracheostomy care skills.

## List of Components

- Adult Tracheostomy Care Manikin
- Infant Tracheostomy Care Manikin
- Adult Tracheostomy Tube
- Infant Tracheostomy Tube
- Carrying/Storage Case
- **Life/form**® Lubricant

## General Information About the Manikins

The manikins may be used in all methods of tracheostomy care. Individual methods and procedures may differ. Therefore, this booklet does not propose to outline a particular procedure to be followed. Rather, it is recommended that a procedural manual and instructor's directions be followed. This will eliminate confusion and best serve the individual instructor and curriculum.

## Procedures That May Be Performed on the Adult Manikin

- Oral-pharyngeal suctioning
- Nasal tracheal suctioning
- Tracheal suctioning via tracheostomy

## Procedures That Can Be Performed on the Adult and Infant Manikin

- Dressing changes
- Stoma cleansing
- Changing of tracheostomy tube
- Cuff inflation
- Changing tracheostomy ties

## Anatomy Present on the Adult Manikin

- Oral Passages
- Nasal Passages
- Pharynx
- Epiglottis
- Trachea
- Esophagus
- Stoma
- Right and Left Bronchi

## Care of the Manikin

Normal surface soil can be removed with a mild soap and lukewarm water. Use Nasco Cleaner (LF09919U) to remove stubborn stains. Simply apply the Nasco Cleaner to the soiled area and wipe with a clean, soft paper towel.

## Cautions

1. Do not cleanse the stoma area with Betadine® or any other similar, colored disinfectant. NEVER place the trainer on any kind of printed paper or plastic. These materials, as well as ball-point pens, will transfer indelible stains. Do not use any cosmetics on the simulator.
2. With repeated use, the suctioning catheter will become soft and pliable, making it difficult to insert. You must either use a new catheter, or place the old one in a refrigerator or on ice for a few minutes to stiffen it.
3. Heavy lubrication must be used while practicing procedures. The manikin will not function properly unless heavy lubrication is used. Use **Life/form**® Lubricant only. Do not use a water soluble lubricant.
4. Exercise the same care with this manikin as would be used with an actual patient. Excessive pressure and abuse will damage and shorten the unit's life.

## Supplies/Replacement Parts for the Patient Education Tracheostomy Care Set

**LF09919U** Nasco Cleaner

**LF00985U** Lubricant Kit

**LF01170U** Adult Tracheostomy Tube

**LF01171U** Infant Tracheostomy Tube

## Other Available *Life/form*® Simulators

|                 |                                |                 |   |
|-----------------|--------------------------------|-----------------|---|
| <b>LF00698U</b> | Adult Injectable Arm (White)   | <b>LF01184U</b> | Venatech IM & Sub Q   |
| <b>LF00855U</b> | Male Catheterization           | <b>LF01193U</b> | Special Needs Baby  |
| <b>LF00856U</b> | Female Catheterization         | <b>LF03000U</b> | <b>CPARLENE</b> ® Series                                      |
| <b>LF00901U</b> | Prostate Examination           | <b>LF03601U</b> | Adult Airway Management Trainer with Stand                    |
| <b>LF00906U</b> | Ostomy Care                    | <b>LF03602U</b> | Adult Airway Management Manikin                               |
| <b>LF00929U</b> | Surgical Bandaging             | <b>LF03609U</b> | Child Airway Management Trainer with Stand                    |
| <b>LF00957U</b> | Enema Administration           | <b>LF03616U</b> | Child <b>CRiSis</b> ™ Manikin                                 |
| <b>LF00958U</b> | Pediatric Injectable Arm       | <b>LF03617U</b> | Deluxe Child <b>CRiSis</b> ™ Manikin with Arrhythmia Tutor    |
| <b>LF00961U</b> | Intramuscular Injection        | <b>LF03620U</b> | PALS Update Kit   |
| <b>LF00984U</b> | Breast Examination             | <b>LF03623U</b> | Infant Airway Management Trainer with Stand                   |
| <b>LF00995U</b> | Arterial Puncture Arm          | <b>LF03632U</b> | Child Intraosseous Infusion/ Femoral Access Leg on a Stand    |
| <b>LF00999U</b> | Pediatric Injectable Head      | <b>LF03633U</b> | Child Airway Management Trainer Torso                         |
| <b>LF01005U</b> | First Aid Arm                  | <b>LF03693U</b> | <b>Basic Buddy</b> ® CPR Manikin                              |
| <b>LF01008U</b> | Intradermal Injection Arm      | <b>LF03699U</b> | "Airway Larry" Airway Management Trainer                      |
| <b>LF01012U</b> | Heart Catheterization (TPN)    | <b>LF03709U</b> | Infant <b>CRiSis</b> ™ Manikin                                |
| <b>LF01019U</b> | Ear Examination                | <b>LF03720U</b> | <b>Baby Buddy</b> ™ Infant CPR Manikin                        |
| <b>LF01027U</b> | Peritoneal Dialysis            | <b>LF03750U</b> | Fat Old Fred  |
| <b>LF01028U</b> | Suture Practice Arm            | <b>LF03760U</b> | Airway Management/Cricoid Pressure Trainer                    |
| <b>LF01034U</b> | Suture Practice Leg            | <b>LF03770U</b> | Chest Tube  |
| <b>LF01036U</b> | Spinal Injection               | <b>LF03953U</b> | <b>CRiSis</b> ™ Manikin, Complete                             |
| <b>LF01037U</b> | Hemodialysis Practice Arm      | <b>LF03955U</b> | Deluxe <b>CRiSis</b> ™ Manikin                                |
| <b>LF01038U</b> | Episiotomy Suturing Set        | <b>LF03956U</b> | Deluxe "Plus" <b>CRiSis</b> ™ Manikin                         |
| <b>LF01042U</b> | Suture Kit                     | <b>LF03965U</b> | Adult <b>CRiSis</b> ™ Auscultation Manikin                    |
| <b>LF01062U</b> | Pelvic, Normal & Abnormal      | <b>LF03966U</b> | Adult <b>CRiSis</b> ™ Auscultation Manikin with ECG Simulator |
| <b>LF01063U</b> | Stump Bandaging, Upper         | <b>LF04000U</b> | <b>GERI</b> ™/ <b>KERI</b> ™ Manikin Series                   |
| <b>LF01064U</b> | Stump Bandaging, Lower         | <b>LF04200U</b> | Adult Sternal Intraosseous Infusion                           |
| <b>LF01069U</b> | Cervical Effacement            | <b>LF06001U</b> | CPR Prompt® Adult/Child Manikin                               |
| <b>LF01070U</b> | Birthing Station               | <b>LF06012U</b> | CPR Prompt® Infant Manikin                                    |
| <b>LF01082U</b> | Cricothyrotomy                 | <b>LF06200U</b> | CPR Prompt® Keychain Rescue Aid                               |
| <b>LF01083U</b> | Tracheostomy Care              | <b>LF06204U</b> | CPR Prompt® Rescue and Practice Aid                           |
| <b>LF01084U</b> | Sigmoidoscopic Examination     |                 |   |
| <b>LF01087U</b> | Central Venous Cannulation     |                 |   |
| <b>LF01095U</b> | Blood Pressure Arm             |                 |   |
| <b>LF01108U</b> | Infant Intraosseous Infusion   |                 |   |
| <b>LF01121U</b> | Advanced IV Arm                |                 |   |
| <b>LF01131U</b> | Venipuncture and Injection Arm |                 |   |
| <b>LF01139U</b> | Advanced IV Hand               |                 |   |
| <b>LF01142U</b> | Auscultation Trainer           |                 |   |
| <b>LF01143U</b> | Testicular Exam                |                 |   |
| <b>LF01152U</b> | Male & Female Catheter         |                 |   |
| <b>LF01155U</b> | Advanced CPR Dog               |                 |   |
| <b>LF01162U</b> | Venatech IV Trainer            |                 |   |
| <b>LF01174U</b> | NG Tube & Trach Skills         |                 |   |

*Nasco* Fort Atkinson

901 Janesville Avenue, P.O. Box 901  
Fort Atkinson, Wisconsin 53538-0901

1-800-558-9595

eNasco.com • E-mail: [lifeform@eNasco.com](mailto:lifeform@eNasco.com)

COPYRIGHT © NASCO 1999 PRINTED IN U.S.A. NP 33-00/RV 8-12